

---

# TEMPLE TRANSFORMATION

---

Spiritual Fit Boot Camp Challenge Begins February 1st

---

## Research Study

---

*“young adults who frequently attend religious activities are 50 percent more likely to turn into obese middle-agers than those with no religious involvement”, according to research from the Northwestern University Feinberg School of Medicine*

## Hugh Blair

---

*Exercise is the chief course of improvement in our faculties*

---

## Register Today

[http://  
robertlwagner.com](http://robertlwagner.com)



## Spiritual Fit Challenge

7 High Octane Bootcamp Sessions  
w/ Certified Personal Trainer

Daily Devotions

Daily Guide and Meal Plan

24 Day Challenge Product Included (Retail: \$190)

Weigh - In and Weigh - Out

Additional Bonuses

**\$175 Total**